

Aikido Seminar

Jan. 18 & 19, 2020

Cary, NC



The Aikido Association of America presents a Southeastern Region seminar instructed by:

Bill Bunn Sensei; rokudan, shidoi

*Original Member of the Aikido Association of America National Teaching Committee

*Aikido Association of America Southeastern Regional Director

*Chief Instructor of The Aikido Academy of North Carolina, Joshinkan Dojo

Bill Bunn Sensei began training exclusively in Aikido in September of 1975 in Raleigh, N.C. He began his relationship with Fumio Toyoda Shihan in 1977, who eventually created the Aikido Association of America. Currently he holds the rank of rokudan Aikikai (sixth degree black belt). He became part of the A.A.A. Teaching Committee at its inception in 1994, and conducts workshops and seminars both regionally and nationally.

Join us for fellowship and training in the art of Aikido.

Bunn Sensei's seminars focus on body motion (*taisabaki*), and its role in the proper execution of technique. Static and dynamic versions, and variations of standard techniques will be explored. Weapons training may also be incorporated into the schedule. *Bokken*, *jo*, and *tanto* (wooden sword, short staff, and knife) are available for use, but bring your own if possible.

This seminar is open to martial artists of any art or rank.

Seminar to be held at our new dojo location:

**Master Chang's Martial Arts
944 High House Rd., Cary, N.C. 27513**

**Schedule: Saturday, Jan. 181:30 pm -- Registration
2:00 - 6:00 pm -- Aikido Classes
7:00 pm -- Dinner / Party (TBA)**

**Sunday, Jan. 199:30 am -- Registration
10:00 am - 1:00 pm -- Aikido Classes**

Fee: \$50 - Entire seminar (no pre-registration); Sat. only - \$40; Sun. only - \$30

For more information, contact: Bill Bunn Sensei at (919) 469-9501 or email: joshinkan@aol.com